



HURRICANE SAFETY RESOURCES

Dear Neighbor,

As Floridians, we know all too well the dangers of hurricanes. In 2022, we saw one of the worst hurricanes devastate neighborhoods across Central Florida. And as our communities still continue to repair, we want to make sure that you and your family are prepared for anything that might come during hurricane season.

You can always reach out to our office if you need assistance.

Take care and stay safe,

Maxwell Alejandro Frost

REP. MAXWELL ALEJANDRO FROST
MEMBER OF CONGRESS

REMEMBER: EVACUATE IMMEDIATELY IF YOU ARE INSTRUCTED TO DO SO. DO NOT DELAY.

WHAT DO BEFORE A STORM



Staying connected.

- ☐ Sign up for life saving email and text message alerts at [OCAAlert.net](https://ocalert.net)
- ☐ Know your closest shelter. Call 407-836-9140
- ☐ Download the free FEMA app for your cell phone.



Staying at home?

- ☐ Turn your refrigerator to a maximum cold and don't open.
- ☐ Turn off utilities if told to do so by the authorities.
- ☐ Unplug small appliances.



Prepare your home.

- ☐ Pre-register your home for Disaster Relief Assistance at www.disasterassistance.gov
- ☐ Buy hurricane-grade plywood for windows (do not tape them!)
- ☐ Clean gutters and rain spouts.
- ☐ Bring loose furniture and other loose items inside.
- ☐ Turn off your propane.
- ☐ Know how to use your generator if you have one, and never use it indoors.
- ☐ Review your insurance.
- ☐ Move cars to higher ground or park them in your garage against the garage doors. Do not park under trees, power lines or in low-lying areas.



Flood Insurance

The National Flood Insurance Program (NFIP) provides affordable insurance to property owners, renters, and businesses to help mitigate the effects of flooding on homes, businesses, and properties.

For those applying for NFIP, most policies take 30 days to take effect. And for those who already have a policy, please note that it does not renew automatically.

- ☐ **Visit [FloodSmart.Gov](https://floodsmart.gov)**

WHAT TO DO DURING A STORM

- Monitor the storm on TV, Radio, and Social Media
- Follow all instructions from local officials
- Evacuate immediately if instructed by local authorities
- Stay inside and away from windows and doors
- Never drive or wade through water
- Never enter a damaged building
- **Call 911 if you are in life-threatening danger**

HELPFUL CONTACTS

To find shelter, text
SHELTER AND YOUR ZIP CODE TO 43362

FEMA
800-621-3362

Florida State Assistance Line
800-342-3557

Orange County Emergency Management
407-836-9140

Orlando Emergency Management
407-246-4357

Resources, alerts, and more.
DOWNLOAD THE FEMA APP

HURRICANE KIT CHECKLIST

	Non-perishable food (enough to last at least 3 days)
	Water (enough to last at least 3 days)
	First-aid kit (include any prescription medication you may need)
	Personal hygiene items and sanitation items
	Flashlights (have extra batteries on hand)
	Battery operated radio (again, have extra batteries)
	Waterproof container with cash and important documents
	Manual can opener
	Lighter or matches
	Special needs items: pet supplies and baby supplies if applicable
	Cooler and ice packs
	A plan for evacuation and reunification if family members are separated
	Books, magazines, games for recreation

• PREPARING FOR POWER OUTAGES

In the event a storm leaves you without power, there are a few things to consider to help you be ready and stay safe outside of your normal hurricane preparedness.



Gas: Make sure your tank is full far in advance of an approaching storm. Most people wait until the last minute, rush to get extra gas for cars and generators, and subsequently gas stations can run out early.



ATMs: Have extra cash on hand in the event no ATMs in your area are accessible or working.



Cell Phones: Charge your cell phone and portable charger if you have one. Limit your use after the power is out.



A/C: This can be the most uncomfortable side effect of losing power during a storm. Try to prevent as much light from entering and warming the house by covering up your windows on the inside. If you have back-up or battery operated fans, don't run them unless you are in the room.



Water: Fill bathtub and large containers with water for washing and flushing only.



Food: Turn your fridge temperature down and/or freeze any food or drinking water that can be frozen if you expect a power outage.



Health: Visit CDC.gov and search "What to Do to Protect Yourself During a Power Outage."

• WE'RE HERE TO HELP

Our office can help you with issues relating to a federal agency, connect you with various resources, opportunities, and more. During an emergency, our office will share updates and resources on our social media channels (@RepMaxwellFrost).

GIVE US A CALL AT

(321) 388-9808

VISIT US ONLINE AT

frost.house.gov